



# Unit 1

## Get Ready to Learn



Get Ready to Learn supports children as they acclimate to the classroom environment. This unit focuses entirely on social-emotional learning coupled with classroom expectations and routines. Children will begin by learning about new experiences, such as playing in Centers, transitioning between activities, and learning in whole group and small group. Children will practice how to identify, talk about, and respond to feelings.



### ECR @ Home

Families are encouraged to continue learning at home through books, conversation, and activities.



**Conversation:** The night before school, talk with your child about what will happen when they arrive. Reassure your child that school is a safe and fun place.



**Activities:** Help your child identify their feelings using posters, pictures, books, or magazines. Teach your child to say, "I feel \_\_\_\_\_."



**Books:** *Why Do You Cry?: Not a Sob Story* by Kate Klise, *Teamwork* by Ann Morris, *When Sophie Gets Really Really Angry* by Molly Bang

### Social-Emotional Learning

Adjust to new experiences and expectations

Express, recognize, and describe basic emotions such as happiness, surprise, anger, fear, and sadness

Ask for help and participate in group activities

### Language and Literacy

Demonstrate understanding of classroom vocabulary such as the names of Centers and materials

### Math and Science

Count aloud 0-2

Observe, explore, and ask questions about materials and objects

### Unit 1 in the Classroom

